Link2Care tables of descriptive statistics at baseline among randomized participants (n =  244).

Updated: January 29, 2021

| **Table 1.** Descriptive statistics for continuous variables at baseline. | | | |
| --- | --- | --- | --- |
| Variable | n | Mean (95% CI) | Median (95% CI) |
| Age (years) | 244 | 40.6 (39.2 - 42.0) | 40.0 (39.0 - 42.0) |
| MMSE Total Score | 242 | 27.5 (27.3 - 27.8) | 28.0 (27.0 - 28.0) |
| Lifetime total time homeless (months) | 244 | 47.5 (39.0 - 56.0) | 30.0 (24.0 - 36.0) |
| Age when first became homeless (years) | 244 | 30.3 (28.7 - 32.0) | 28.0 (26.0 - 32.0) |
| Current total time homeless (months) | 244 | 33.3 (25.1 - 41.5) | 14.0 (12.0 - 18.6) |
| Lifetime total time in jail or prison (years) | 244 | 6.1 (5.2 - 6.9) | 3.9 (3.0 - 5.0) |
| PHQ-8 score | 244 | 8.3 (7.4 - 9.1) | 7.0 (6.0 - 8.0) |
| GAD-7 total score | 244 | 7.7 (7.0 - 8.5) | 7.0 (6.0 - 7.0) |
| SF-12 Physical Component Summary score | 244 | 46.2 (44.8 - 47.7) | 50.1 (47.1 - 51.6) |
| SF-12 Mental Component Summary score | 244 | 41.9 (40.4 - 43.5) | 41.5 (39.7 - 43.9) |
| N days out of past 30 physical health not good | 244 | 7.7 (6.4 - 8.9) | 2.0 (1.0 - 5.0) |
| N days out of past 30 mental health not good | 244 | 12.1 (10.7 - 13.4) | 10.0 (6.0 - 12.0) |
| N days out of past 30 poor health prevent activities | 244 | 8.9 (7.6 - 10.2) | 5.0 (2.0 - 7.0) |
| Total drinks on average week | 244 | 8.6 (6.8 - 10.3) | 2.0 (0.0 - 3.0) |
| N Binge drinking days in past 30 days | 180 | 3.9 (2.9 - 5.0) | 0.0 (1.0 - 4.0) |
| ddd\_v1\_total | 244 | 31.5 (29.7 - 33.4) | 31.0 (29.0 - 34.0) |
| Aggression questionnaire total | 244 | 29.1 (27.8 - 30.5) | 29.5 (27.0 - 31.0) |
| CES-D total score | 244 | 12.0 (11.2 - 12.8) | 11.0 (10.0 - 12.0) |
| ISE appraisal score | 244 | 10.3 (9.9 - 10.7) | 10.0 (10.0 - 11.0) |
| ISE belonging score | 244 | 10.4 (10.0 - 10.8) | 10.0 (10.0 - 11.0) |
| ISE tangable score | 244 | 9.3 (8.9 - 9.7) | 9.0 (9.0 - 10.0) |
| TCU treatment satisfaction subscale | 244 | 36.8 (35.8 - 37.7) | 37.9 (35.7 - 38.6) |
| MacArthur Major Discrimination total score | 244 | 45.0 (35.9 - 54.0) | 21.5 (15.0 - 26.0) |
| Urban Life Stress Scale total score | 244 | 55.0 (52.8 - 57.1) | 55.0 (51.0 - 57.0) |
| Perceived Stress Scale total score | 244 | 7.6 (7.1 - 8.1) | 8.0 (7.0 - 8.0) |
| Distress Tolerance Scale total score | 244 | 3.1 (3.0 - 3.2) | 3.0 (2.9 - 3.2) |

| **Table 2.** Descriptive statistics for categorical variables at baseline. | |
| --- | --- |
| Variable | n (percent) |
| Gender |  |
| Male | 211 (86.5) |
| Female | 29 (11.9) |
| Other | 4 (1.6) |
|  |  |
| Hispanic ethnicity |  |
| No | 216 (88.5) |
| Yes | 28 (11.5) |
|  |  |
| Race |  |
| More than one race/multi-racial | 26 (10.7) |
| White | 55 (22.5) |
| Black or African American | 148 (60.7) |
| Asian (Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, Vietnam) | 1 (0.4) |
| Native Hawaiian or Other Pacific Islander (Guam, Samoa) | 0 (0.0) |
| American Indian / Alaska Native | 5 (2.0) |
| Other | 9 (3.7) |
|  |  |
| Have cell phone |  |
| No | 177 (72.5) |
| Yes | 67 (27.5) |
|  |  |
| Who pays for cell phone |  |
| Government | 8 (11.9) |
| Family or friend | 19 (28.4) |
| Someone else | 4 (6.0) |
| I pay for my cell phone service | 36 (53.7) |
|  |  |
| Talk minutes on cell plan |  |
| 0-200 | 1 (1.5) |
| 201-400 | 3 (4.5) |
| 401-600 | 1 (1.5) |
| Unlimited | 59 (88.1) |
| I use 'pay as you go' or prepaid phone | 3 (4.5) |
|  |  |
| Is your cell phone a smart phone? |  |
| No | 13 (19.4) |
| Yes - I have an android phone | 53 (79.1) |
| Yes - I have a Apple smartphone (iPhone) | 0 (0.0) |
| Yes - I have a Smartphone that is not Apple or Android based | 1 (1.5) |
|  |  |
| Does your phone service include a data plan? |  |
| No | 3 (5.6) |
| Yes, but my data plan is limited | 19 (35.2) |
| Yes, my plan includes unlimited data | 32 (59.3) |
|  |  |
| How many times has your phone number changed in the past year? |  |
| 0 | 42 (20.5) |
| 1 | 53 (25.9) |
| 2 | 51 (24.9) |
| 3 | 22 (10.7) |
| 4 | 15 (7.3) |
| 5 or more | 22 (10.7) |
| I have not had a phone in the past year | 0 (0.0) |
|  |  |
| Use email |  |
| No | 50 (20.5) |
| Yes | 194 (79.5) |
|  |  |
| Use Facebook |  |
| No | 73 (29.9) |
| Yes | 171 (70.1) |
|  |  |
| Use Google Plus |  |
| No | 146 (59.8) |
| Yes | 98 (40.2) |
|  |  |
| Use Twitter |  |
| No | 221 (90.6) |
| Yes | 23 (9.4) |
|  |  |
| Use Blogs |  |
| No | 237 (97.1) |
| Yes | 7 (2.9) |
|  |  |
| Use Instagram |  |
| No | 181 (74.2) |
| Yes | 63 (25.8) |
|  |  |
| Use Snapchat |  |
| No | 209 (85.7) |
| Yes | 35 (14.3) |
|  |  |
| Use LinkedIn |  |
| No | 224 (91.8) |
| Yes | 20 (8.2) |
|  |  |
| Don't use any media |  |
| No | 224 (91.8) |
| Yes | 20 (8.2) |
|  |  |
| How often do you access the internet? |  |
| Never | 17 (7.0) |
| About once a month | 8 (3.3) |
| About once per week | 14 (5.7) |
| 2-3 times per week | 28 (11.5) |
| 4 to 6 times per week | 15 (6.1) |
| About once per day | 24 (9.8) |
| About twice per day | 29 (11.9) |
| Every few hours or more | 109 (44.7) |
|  |  |
| Do you have an active Facebook page? |  |
| No | 82 (33.6) |
| Yes | 162 (66.4) |
|  |  |
| How often do you check or post on Facebook? |  |
| Never | 11 (6.8) |
| About once a month | 12 (7.4) |
| About once per week | 11 (6.8) |
| 2-3 times per week | 23 (14.2) |
| 4 to 6 times per week | 11 (6.8) |
| About once per day | 27 (16.7) |
| About twice per day | 19 (11.7) |
| Every few hours or more | 48 (29.6) |
|  |  |
| Marital status |  |
| Single | 196 (80.3) |
| Married | 8 (3.3) |
| Divorced | 22 (9.0) |
| Widowed | 2 (0.8) |
| Separated | 16 (6.6) |
|  |  |
| Number of children |  |
| 0 | 93 (38.3) |
| 1 | 55 (22.6) |
| 2 | 31 (12.8) |
| 3 | 21 (8.6) |
| 4 | 21 (8.6) |
| 5 | 11 (4.5) |
| 6 | 4 (1.6) |
| 7 | 5 (2.1) |
| 8 | 2 (0.8) |
| 9 or more | 0 (0.0) |
|  |  |
| Completed formal education |  |
| No formal schooling | 2 (0.9) |
| 1 year (Elementary School) | 0 (0.0) |
| 2 years (Elementary school) | 0 (0.0) |
| 3 years (Elementary school) | 1 (0.4) |
| 4 years (Elementary school) | 1 (0.4) |
| 5 years (Elementary school) | 0 (0.0) |
| 6 years (Middle school) | 0 (0.0) |
| 7 years (Middle school) | 3 (1.3) |
| 8 years (Middle school) | 7 (3.1) |
| 9 years (High School) | 0 (0.0) |
| 10 years (High School) | 20 (8.8) |
| 11 years (High School) | 29 (12.8) |
| 12 years (GED or High School Diploma) | 87 (38.3) |
| Some college/technical school (13 years) | 55 (24.2) |
| Associates Degree (14 years) | 12 (5.3) |
| Bachelor Degree (16 years/Four-Year College) | 7 (3.1) |
| Some Post-graduate School (17 years) | 1 (0.4) |
| Master Degree (18 years) | 1 (0.4) |
| Post-graduate Degree; M.D., Ph.D., DDS, Dr.P.H., etc.(20 years) | 1 (0.4) |
|  |  |
| Have GED or HS diploma |  |
| GED | 48 (55.2) |
| High School Diploma | 39 (44.8) |
|  |  |
| Employment status |  |
| Regular full-time work (40 or more hours per week) | 9 (3.8) |
| Regular part-time work (less than 40 hours per week) | 10 (4.2) |
| Unemployed-currently looking for work | 133 (55.4) |
| Unemployed-currently not looking for work | 37 (15.4) |
| Homemaker- Not employed | 1 (0.4) |
| Student- Not employed | 1 (0.4) |
| Retired- Not employed | 2 (0.8) |
| Unable to work or disabled | 47 (19.6) |
| Other | 0 (0.0) |
|  |  |
| Insurance |  |
| Medicare | 16 (7.6) |
| Medicaid | 26 (12.3) |
| Military | 0 (0.0) |
| Private | 11 (5.2) |
| Multiple types | 7 (3.3) |
| None | 151 (71.6) |
|  |  |
| Veteran status |  |
| No | 225 (92.2) |
| Yes | 19 (7.8) |
|  |  |
| Sexual orientation |  |
| Straight | 219 (89.8) |
| Lesbian or gay or queer | 8 (3.3) |
| Bisexual | 14 (5.7) |
| Other | 2 (0.8) |
| Don't know/Not sure | 1 (0.4) |
|  |  |
| Transgender |  |
| Yes, Transgender, male-to-female | 3 (1.2) |
| Yes, Transgender, female to male | 0 (0.0) |
| Yes, Transgender, gender nonconforming | 4 (1.6) |
| No | 236 (96.7) |
| Don't know/not sure | 1 (0.4) |
|  |  |
| Lifetime separate periods of homelessness |  |
| 0 | 43 (17.6) |
| 1 | 37 (15.2) |
| 2 | 57 (23.4) |
| 3 | 50 (20.5) |
| 4 | 16 (6.6) |
| 5 | 9 (3.7) |
| 6 | 10 (4.1) |
| 7 | 3 (1.2) |
| 8 or more | 19 (7.8) |
|  |  |
| Currently receiving treatment for mental health problems |  |
| No | 102 (41.8) |
| Yes | 142 (58.2) |
|  |  |
| Reason for current homelessness |  |
| Lost my job | 7 (2.9) |
| Evicted from house/apartment | 5 (2.0) |
| Substance use (alcohol or drugs) | 1 (0.4) |
| Mental illness | 5 (2.0) |
| Inability to pay medical bills | 0 (0.0) |
| Family problems | 7 (2.9) |
| Legal problems | 3 (1.2) |
| Recently released from jail or prison | 29 (11.9) |
| Natural disaster | 0 (0.0) |
| Domestic Violence | 0 (0.0) |
| Other | 8 (3.3) |
| Multiple reasons | 179 (73.4) |
| Not homeless | 0 (0.0) |
|  |  |
| Lifetime separate times to jail or prison |  |
| 0 | 1 (0.4) |
| 1 | 11 (4.5) |
| 2 | 9 (3.7) |
| 3 | 29 (11.9) |
| 4 | 29 (11.9) |
| 5 | 24 (9.8) |
| 6 | 20 (8.2) |
| 7 | 13 (5.3) |
| 8 | 12 (4.9) |
| 9 | 6 (2.5) |
| 10 | 19 (7.8) |
| 11 or more | 71 (29.1) |
|  |  |
| PHQ-8 score greater than 10 |  |
| No | 172 (70.5) |
| Yes | 72 (29.5) |
|  |  |
| General health |  |
| Excellent | 36 (14.8) |
| Very Good | 52 (21.3) |
| Good | 78 (32.0) |
| Fair | 57 (23.4) |
| Poor | 21 (8.6) |
|  |  |
| Smartphone app can help you to change your actions or behavior |  |
| No | 33 (13.6) |
| Yes | 209 (86.4) |
|  |  |
| Ever used smartphone app to manage one or more health-related issues |  |
| No | 180 (73.8) |
| Yes | 64 (26.2) |
|  |  |
| Type of health related issue managed with smartphone apps |  |
| Food/calorie tracking | 1 (1.6) |
| Medication reminders | 3 (4.7) |
| Mood manager | 0 (0.0) |
| Physical activity | 1 (1.6) |
| Sleep Tracker | 0 (0.0) |
| Smoking Cessation | 0 (0.0) |
| Stress reduction | 0 (0.0) |
| Weight loss tracking | 0 (0.0) |
| Other | 6 (9.4) |
| Multiple | 53 (82.8) |
|  |  |
| Meals missed past week because unable to find food |  |
| 0 | 121 (49.6) |
| 1 or 2 | 65 (26.6) |
| 3 or 4 | 28 (11.5) |
| 5 or 6 | 16 (6.6) |
| 7 or 8 | 6 (2.5) |
| 9 or 10 | 5 (2.0) |
| 11 or more | 3 (1.2) |
|  |  |
| DDD: Main reason for discrimination experienced |  |
| Your age | 10 (4.7) |
| Your gender | 6 (2.8) |
| Your race | 66 (31.0) |
| Your ethnicity or nationality | 8 (3.8) |
| Your religion | 10 (4.7) |
| Your height or weight | 5 (2.3) |
| Some other aspect of your appearence | 16 (7.5) |
| A physical disability | 7 (3.3) |
| Your sexual orientation | 8 (3.8) |
| Your being homeless | 62 (29.1) |
| Other | 15 (7.0) |
|  |  |
| MacArthur: Main reason for discrimination experienced |  |
| Being homeless | 69 (32.2) |
| Your age | 5 (2.3) |
| Your ethnicity or nationality | 28 (13.1) |
| Your gender | 2 (0.9) |
| Your height or weight | 3 (1.4) |
| A Physical disability | 3 (1.4) |
| Your race | 46 (21.5) |
| Your religion | 4 (1.9) |
| Your sexual orientation | 3 (1.4) |
| Some other aspect of your appearance | 20 (9.3) |
| Your income/ education/ socioeconomic status | 12 (5.6) |
| Smoking/ tobacco use | 1 (0.5) |
| Other | 18 (8.4) |
|  |  |
| MacArthur: Overall discrimination interfered with full and productive life |  |
| A lot | 70 (32.7) |
| Some | 68 (31.8) |
| A little | 49 (22.9) |
| Not at all | 27 (12.6) |
|  |  |
| MacArthur: Overall how much harder life is because of discrimination |  |
| A lot | 85 (39.7) |
| Some | 53 (24.8) |
| A little | 52 (24.3) |
| Not at all | 24 (11.2) |
|  |  |
| Times experienced violence past 30 days |  |
| No | 183 (75.0) |
| Yes | 61 (25.0) |
|  |  |
| Times witnessed to acts of violence past 30 days |  |
| 0 | 83 (34.0) |
| 1 | 31 (12.7) |
| 2 | 24 (9.8) |
| 3 | 22 (9.0) |
| 4 | 22 (9.0) |
| 5 | 19 (7.8) |
| 6 | 6 (2.5) |
| 7 | 2 (0.8) |
| 8 | 1 (0.4) |
| 9 | 4 (1.6) |
| 10 | 6 (2.5) |
| 11 or more | 24 (9.8) |
|  |  |
| Times witnessed to acts of violence past 6 months |  |
| 0 | 67 (27.5) |
| 1 | 21 (8.6) |
| 2 | 21 (8.6) |
| 3 | 17 (7.0) |
| 4 | 15 (6.1) |
| 5 | 26 (10.7) |
| 6 | 9 (3.7) |
| 7 | 5 (2.0) |
| 8 | 6 (2.5) |
| 9 | 5 (2.0) |
| 10 | 10 (4.1) |
| 11 or more | 42 (17.2) |